

The facts

Developmental Disabilities and Dual Diagnosis

Prevalence rate of developmental disabilities in the general population:
2 – 3%.

650,000 in Canada

330,000 in Ontario

87,000 in Toronto

Percentage of people with developmental disabilities who also have a:

Physical disability	30%
Hearing impairment	20%
Epilepsy	20%
Communication disorders	30%
High blood pressure	43.3%

Percentage of people with developmental disabilities who do not have their dental needs taken care of: **25%**

Percentage of developmentally disabled adolescents (14 – 21) who had medical problems requiring special attention: **74%**

Percentage of developmentally disabled individuals over 55 who had medical problems requiring special attention: **96%**

Percentage of people with a developmental disability who also have a mental illness (dual diagnosis): **38%**

Of those, the percentage of people with autism who have a co-existing psychiatric disorder: **44%** For developmental disability alone: **17%**

Overall number of people with a dual diagnosis:

247,000 in Canada

104,500 in Ontario

33,250 Toronto, Peel

Source: (Task Group for the NADD Ontario chapter) (2004): Response to the Ontario government transformation agenda

Number of offenders who have a development disability: **2 – 10% of the prison population.**

Of those, the percent who are mildly delayed: **88%. Moderately or lower: 12%**

Source: Griffiths, D. Taillon-Wasmund, P. & Smith, D. (2002). Offenders who have a developmental disability. In Dual diagnosis: An introduction to the mental health needs of persons with developmental disabilities. Editors: D. Griffiths, C. Stavarakaki, and J. Summers. Sudbury, ON: Habilitative Mental Health Resource Network.

Available online at:

<http://www.naddontario.org/pdf/EnglishPublication/Chapter12.pdf>

Percentage of people with a developmental handicap who experience mental disorders: **17% (as opposed to 6% of the general population).**

Source: The continuum of services for persons with dual diagnosis (The Red Report) from the Metro Agencies Representatives Council Task Force (1989).

The leading cause of preventable birth defects in North America:
Drinking alcohol during pregnancy

Number of babies born in Canada annually with Fetal Alcohol Syndrome: **365 – one per day.**

Source: CCSA Literature Review: Evaluation strategies in Aboriginal Substance Abuse Programs: A discussion. (2004) Available at: www.ccsa.ca.

Mental Illness

Source: Quick Facts. The Mood Disorders Society of Canada. Available at: www.moooddisorderscanada.ca

Chances of having a mental illness in your lifetime in Canada: **One in five.**

At any given time, percentage of Canadians who have a mental illness: **10.4%**

Percentage of adolescents (aged 15 – 24) who report a mental illness or substance abuse problem: **18%**

Percentage of people who commit suicide who have a diagnosable mental illness: **90%**

Source: Kirby, M. & Keon, W. (2004). Report 1, Mental health, mental illness and addiction: Overview of policies and programs in Canada (Chapter 5). Interim report of the Standing Senate Committee on Social Affairs, Science and Technology.

Percentage of Canadians who experience a major depression in their lifetime: **8%**

Percentage of Canadians who will experience bi-polar disorder in their lifetime: **1%**

Percentage of Canadians who will experience schizophrenia in their lifetime: **1%**

Percentage of Canadians who will experience an anxiety disorder in their lifetime: **12%**

Group with the highest rate of hospitalization for anxiety disorders: **People 65 and over**

Percentage of Canadians affected by eating disorders in their lifetime: **3% of women and 0.3% of men.**

Number of suicides in Canada every year: **approximately 4000**

Suicide accounts for 24% of all deaths among Canadians aged 15 – 24 and 16% of all deaths for the age group 25 – 44.

Source: Report on mental illness in Canada (2002). Available at: <http://www.phac-aspc.gc.ca/publicat/miic-mmacc/index.html>

Age with the highest rate of depression symptoms: **Under 20 years of age**

Age with the highest rate of anxiety symptoms: **20 – 29 years of age**

Source: Workplace mental health indicators: An EAP's perspective (2005 Series, Vol 1, Issue1): Available at: <http://www.warrenshepell.com/research/iresearch.asp>

Unemployment rate among people with serious mental illness: **70 – 90%**

Source: Employment and mental illness fact sheet, Canadian Mental Health Association. Available at: http://www.cmha.ca/bins/content_page.asp?cid=3-109&lang=1

Likelihood people with mental illness will commit violent acts: **No greater than the general population.**

Likelihood people with mental illness will be victims of crime: 2.5 times that of the general population.

Predictors of violent behaviour for anyone (including people with mental illness): **excessive alcohol and drug use, a history of violent behaviour.**

Source: Violence and mental illness fact sheet, Canadian Mental Health Association. Available at: http://www.cmha.ca/bins/content_page.asp?cid=3-108&lang=1

The cost of supporting someone with serious mental illness to live in the community: **\$34,418 per year (all costs)**

The cost of keeping someone with serious mental illness in the hospital: **\$170,820 per year.**

Source: Fact Sheet: Mental health in numbers. Available at: www.ontario.cmha.ca